Praxis Andreas Benitez
Waldstraße 15
30163 Hannover
01556 - 56 65 56 3
praxis@a-benitez.de

Health questions

1. What is the name of the doctor who is treating your complaints?

2. What complaints do you have and how do they behave? (Please be as specific as possible in the description: What triggers the complaints? What relieves them? When and how did they first begin?)

3. Please state your height and weight.

   height: _____ cm weight: _____ kg

4. Do you smoke (including e-cigarette, vaping, etc.)? If so, how much?

5. Have you had any surgeries? If so, when and what? Were there any complications? Do you still have any complaints about this?

6. Have you had injuries such as broken bones or torn ligaments that were treated without surgery ("conservative")? If so, when and what? Were there any complications? Do you still have any complaints about this?

7. Are you taking medication? If so, which ones?

Andreas Benitez
OSTEOPATHIE

Praxis Andreas Benitez
Waldstraße 15
30163 Hannover
01556 - 56 65 56 3
praxis@a-benitez.de

8. Do you have any known pre-existing or secondary diseases? If so, which ones?

9. Have you suffered a severe course of an infectious disease or are you prone to recurring infections frequently (more than 3 times a year)? If so, when and what?

10. Are there any abnormalities in digestion (e.g. heartburn, stomach pain during or after eating, bloating, ...) and/or bowel movements (e.g. irregular in consistency, color, smell or frequency)?

11. Do you have any discomfort when urinating (e.g. burning, pain, after dribble, especially much or frequent, incontinence, ...)?

12. Do you have or have you had complaints with potency (men) or in the menstrual cycle or in other gynecological aspects (women)? If so, since when and what was/is the course?

13. Are there any diseases among your direct ancestors, siblings or descendants that have occurred multiple times in different generations? If so, which ones?

Andreas Benitez
OSTEOPATHIE

Praxis Andreas Benitez
Waldstraße 15
30163 Hannover
01556 - 56 65 56 3
praxis@a-benitez.de

14. Do you have children? If so, how many and how old are they? (For women, also: What was the pregnancy and birth like?)

15. What do you do for a living? Please indicate your main activity (e.g. sedentary work in the office, many and long car journeys, heavy/one-sided/monotonous physical work, ...).

16. Do you exercise? If so, which ones and how often?

17. Do you have any other hobbies? If so, which ones and how often do you practice them?

Question about evaluating the scope of the practice:
How did you come across the Practice Andreas Benitez?